



Cedar Chest Quilters' Guild *newsletter*

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BOARD MEMBERS

- President*
 Julie Patrick.....586-6832
First Vice President
 LaRee Rees586-0841
Second Vice President
 Liz Jacomb586-1706
Secretary
 Alayna Coombs867-1434
Treasurer
 Jean Fitzgerald.....477-3034

A Quilters Prayer

**Take the pieces of my life
 And Stitch them together
 According to Your Will.
 May I yield to the pricks of
 Your needle
 So that Your stitches
 May surround me with the
 pattern of
 Your Love.
 May I allow You to order the
 squares
 Any way You want,
 To pattern me by Your
 design So that all will know,
 You quilted me.**

FROM OUR PRESIDENT...



HAPPY, HAPPY NEW YEAR!



I hope that everyone who wanted to attend our Annual Retreat, has had the opportunity to register. If you cannot attend the classes, you may attend our other activities for \$15.00. This includes meet the teachers, a trunk show, all night sew, which includes door prizes, our quilt show in the lobby of the Crystal Inn and also, shop the vendors with fabric and notions. Call me @586-6832 for dates and any questions that you may have. It's a delight.



Just a reminder to bring that photo of yourself to this January 14th meeting. You know the one! When you look at it and say, BOY, I wish I still looked like that!!!! If you want, we'll have the paper to make a Valentine for a loved one. AND, we'll all be able to view that special photo, also. It'll be fun.

Mona received a book from a special friend for Christmas that she would like to share with us at our general meeting this month, so I'll give her some time to tell you about it.

I am so pleased with all of you who made a whole lot of children and adults happy and warm at Christmastime. Thanks so much from all of them.



Thanks to each and every one of you for who you are.

Happy quilting,
 Julie Patrick



COMMITTEE CHAIRMEN

Historian	Judy Stolrow
Newsletter	Mona Covington
Publicity	Rae Overson
Luncheons	Susan Goodman
Humanitarian Projects	Janet Dexter
Special Projects & Quilt Shows	Mona Covington & Judy Stolrow
Retreat	Francine Lyndaker
Class Coordinator	LaRee Rees
Hospitality	Kathy Adrian
Librarian	Judie Wright
Friendship Circles	Judy Rockwell
Sunshine & Shadows	Judie Wright

LIBRARY NEWS



If you have questions about a quilting subject, check with Judie Wright at 867-8622. She just might have the book you need!!

☀ SUNSHINE & SHADOWS 💧

No news is good news !

NEW MEMBERS

If you have found an error in your phone# or address, please contact Mona Covington. The corrections will be printed in the next newsletter. Then all of us can update our guild directory, accordingly.

LOST AND FOUND

Someone borrowed Janet Dexter's Flannel Quilt please return it to her ASAP.

Thanks

TIPS & TECHNIQUES

Use a throat plate made for straight stitching to sew ¼" seams. It has a small round opening (the one for zigzag is oblong), so narrow seams are less likely

to get pushed down and jammed into the machine. If your machine didn't come with a straight-stitch throat plate, you can purchase one from your sewing machine dealer.

UPCOMING CLASSES & EVENTS

Jan 14: Regular monthly guild meeting- 10am at the Senior Center

Jan 20-23: Winter Retreat at the Crystal Inn

Here we are, less than a week until the quilt retreat. We hope you are as excited as we are.

We thought we would give you an update and a schedule for the 4 days.

Check-in & Registration: begins at 8:15 each morning, so if you don't have a class until Friday you can check in on Friday. It doesn't have to be on Wednesday.

If you, or someone you know, don't want to take a class, you can still and enjoy the show and tell show, the trunk show, the all night sew and be eligible for the door prizes, by just paying the \$15.00 registration fee at the check-in table.

Classes: Please remember to be in your class, set up and ready to go when the class is scheduled to begin. Morning classes begin at 9:00 and the afternoon classes begin at 2:00.

Massages!!!: This is a special treat! During the retreat days, we will have a professional massage therapist there giving mini massages for a very low fee. You will be able to sign up at the retreat for an appointment. What a great way to relax tight, tired muscles!

Lunchtime: We have worked out a way to get all of us in and out of the Bards restaurant quickly. They are offering ½ sandwich and soup – 4.99, soup and salad – 6.99, luncheon buffet 7.99. All include your drink. This will be for dine-in only. The waitress will give you your bill when she brings your food or drink.

You can pay for it whenever you want while you are eating. You don't have to wait until your meal is finished.

Hopefully this will work great for us. Or you can leave the hotel and eat anywhere else.

For the schedule of extra events:

Wednesday - night is Meet the Teachers from 7-8pm, then from 8-9pm there will be a lecture by Nedra from Superior Threads on the new Texture Magic. It is some really cool stuff !

Thursday - from 1-2pm will be a show and tell. This is for anyone who has taken a class at one of our previous retreats and finished the quilt or project from the class. We want to see it.

Friday - from 1-2 pm will be a trunk show by Blanch Young. Then from 7-8pm will be a Quilt Magic Show by Helen Young Frost. This is a great show! Following that is our famous (or maybe I should say notorious), All Night Sew. Wear your PJ's, get comfortable and prepare to have a great time!

Saturday - classes will begin at 10:00am (you can sleep an extra hour after sewing all night).

We will see you then!

an 28: Humanitarian Day – come help us use up all that donated fabric and make someone happy in the process!

Feb. 4 : Block of the Month Class.

Feb 11: General Meeting -10 am. At the Senior Center. We will also have Pat Peters' Trunk Show, which will be a real treat.

Feb 18: Class? _____

Feb 25: Humanitarian Day – come learn to make a very easy “disappearing Ninepatch” quilt top. Five blocks will make a child sized quilt.

OUT TO LUNCH...

Here's one to get the New Year started :

Easy Taco Soup

Low fat, high fiber and really yummy!
1 ½ cups soup= 5 Weight Watcher points

- 1 pound extra lean ground beef or ground chuck
- 1 large onion, chopped
- 1 can whole hominy, drained *
- 1 can pinto beans*
- 1 can kidney beans*
- 2 cans stewed tomatoes*
- 2 cans water
- 1 can of Rotel brand tomatoes with chilies**
- 1 package dry taco seasoning mix
- 1 package dry low calorie ranch dressing mix

Brown the ground meat with the onion. Drain and set aside. In a large pot combine all ingredients with the meat mixture, except the two packages of seasoning mixes. Bring to a boil and add the packages of taco seasoning mix ranch dressing mix. Stir well to incorporate. Lower heat and simmer 30 min.

* all cans used in this recipe are about 14.5 to 16 ounces in size.

** You can also substitute another can of diced tomatoes and ½ to 1 can of chopped green chilies to taste in place of the Rotel brand tomatoes.



FAT QUARTERS DRAWING

Bring a fat quarter in the theme of the month and get your name in the drawing!! You just might take home the bundle of fat quarters!!

Fat 1/4s for February 2010:
Reds, Whites and Pinks!



HUMANITARIAN

Our gratitude and thanks goes out to all who helped with our projects over the past year. Many in our communities felt the warmth and love of a quilt or tied comforter all because of your unselfish acts of kindness and time donated once a month at Humanitarian day.

✂ We do have a few quilts left to tie this month. If you can donate an hour or two to help out, it will make someone's life a little warmer!

NEWSLETTER INFORMATION

If you are unable to print your copy at home, please e-mail me at ccqgeditor@gmail.com to have a printed copy at the meeting.
Thanks
Mona Covington

THINGS TO REMEMBER.....